



Public Health
Prevent. Promote. Protect.

Fairfield Department of Health

FDH Assists Community in effort to Improve Nutrition

The Fairfield Department of Health, through an Ohio Department of Health grant, is able to provide free Ohio Healthy Program (OHP) trainings to area child care providers. OHP is a voluntary designation that daycare centers can obtain through training and by meeting menu guidelines, creating healthy policies, and promoting family engagement activities. For becoming an OHP designated center, each center receives educational books, toys and games to teach children about the importance of a healthy lifestyle. The staff also receives *Step Up to Quality* credits needed for licensing.

The Fairfield Department of Health will be offering OHP training for daycare centers again in the spring of 2018.

The Fairfield Department of Health is pleased to announce that Small Wonders Learning Centers in Lancaster has achieved Ohio Healthy Program (OHP) designation. Owner, Kathy Shirley, Directors Sarah Schumacher, and facility staff spent hours of education and training, as well as menu reviews and policy revisions to create healthier environments for children in their care.

Pictured (left to right): Tiffany Nash, RN
and Sarah Schumacher

