

## Resources:

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Fairfield Department of Health:  
(740) 652-2800  
[www.myfdh.org](http://www.myfdh.org)

Lancaster Fairfield Community  
Action Agency Early  
Childhood Programs:  
(740) 681 4881  
[www.faircaa.org/earlychild0-3](http://www.faircaa.org/earlychild0-3)

Fairfield County Job and  
Family Services Child  
Protection:  
(740) 652-7887  
[www.fcjfs.org/services/child\\_protection](http://www.fcjfs.org/services/child_protection)

Fairfield County 211:  
(740) 687-0500  
[www.fairfieldcounty211.org/](http://www.fairfieldcounty211.org/)

Fairfield County Family, Adult  
and Children First Council Plan  
of Safe Care Coordinator:  
(740) 652-7282 [www.facfc.org](http://www.facfc.org)

Fairfield Co. ADAMH Board:  
(740) 654-0829  
[www.fairfieldadamh.org](http://www.fairfieldadamh.org)



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Fairfield County

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# Plan of Safe Care

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Support for families in  
addressing the health  
and safety needs of  
substance exposed or  
affected infants



## What is a Plan of Safe Care (POSC)?

The goal of a POSC is to strengthen the family and keep the child(ren) safely at home.

- It is a written list of resources that can support a mother's needs during pregnancy and after the birth.
- It is written with the help of one or more people involved in the health care of the mother and child.
- A POSC can help with identifying appropriate support and intervention for expectant mothers.

## When is a POSC Developed?

Ideally, a POSC should be developed during pregnancy but must be developed at the earliest point that it is suspected that the infant has been exposed to a substance in utero.

If a POSC has not been developed during pregnancy, it can be written after delivery and must be developed before leaving the hospital.

## What Does a POSC Do?

- It focuses on the health and development of the baby.
- It makes sure that the mother and baby remain healthy and safe.
- It works with the mother and family to identify overall needs.
- It offers referrals and links to needed services.

## What Services are in a POSC?

**Basic Needs:** Safe housing, food, utilities, transportation, medical care and coverage, mental health and substance use treatment, help with baby.

**Infant's Needs:** Identify what is needed and how to obtain items like pediatric care, diapers, cribs, car seats, breastfeeding support, formula, childcare plan, and other needed items.

**Delivery Plan:** Delivery location, transportation to hospital, information needed at hospital, toiletry and clothing for hospital stay, transportation with infant from hospital, Medically Assisted Treatment Plans, Education about CPS Involvement.

**Support After Delivery:** Referral to a home-visiting program, education on impact of substance exposure on infant, resources to help.



## Who Is Responsible for Developing a POSC?

A Plan of Safe Care should include input from **all** service providers involved in the mother's care to promote the best health outcome for mother and infant. This could include:

- Medical staff including OB/GYNs, nurse practitioners, or midwives or others
- Substance use treatment providers
- Child Welfare Providers
- Mental health providers
- Early childhood intervention staff
- Home visitors
- Public health providers
- Others, as appropriate

A release of Information ensures confidential coordination of services in a Plan of Safe Care.

## Contact:

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Coordinator

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OH 43130

(740)652-7282

[www.facfc.org](http://www.facfc.org)

