

# Responding to a Vomiting or Diarrheal Incident

#### **Background Information:**

When the foodservice operation or retail food establishment experiences a bodily fluid exposure incident, immediate precautions should be taken. The risk of exposure to food equipment, staff, and consumers can be reduced if a proper cleanup plan is followed. Use the following steps as a guideline to help reduce the impact of a bodily fluid exposure incident.

## 1. Designate Staff

You should designate staff members who will be responsible for the cleanup of a bodily fluid incident. The staff members should be aware of these procedures and knowledgeable in how to wear Personal Protective Equipment (PPE), and the proper cleanup procedure for a bodily fluid exposure incident.

## 2. Prepare a Cleanup Kit

The cleanup kit is the first major component when dealing with a bodily fluid exposure incident. The kit should contain at minimum the following items:

- i. Personal Protective Equipment
  - 1. Disposable Medical Gloves
  - 2. Shoe Coverings
  - 3. Eye Protection
  - 4. Apron/Gown
- ii. Cleaning Supplies
  - 1. Sealable plastic bags or a biohazard bag
  - 2. Paper Towels
  - 3. Scoop
  - 4. Disinfectant
  - 5. Absorbent powder (cat litter, sand, or commercial absorbent power)

### 3. Clean the incident site and the surrounding areas

Use the following approved cleanup procedure to remove the bodily fluid and disinfect the surrounding areas.